



Aptamil Milks Range

Product Datacards



For Healthcare Professionals only
September 2026



Aptamil Advanced Milks Range

Product Datacards



Packshots are for illustrative purposes and may change.



Aptamil Advanced First Infant Milk

Liquid Format: 6 x 70ml starter pack, 200ml bottle
Powder Format: 800g pack

NUTRITION INFORMATION*

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		276	2014	419
	kcal	66	481	100
Fat	g	3.4	24.5	5.1
of which, saturates	g	1.6	11.8	2.4
of which, mono-unsaturates	g	1.2	8.5	1.8
of which, polyunsaturates	g	0.6	4.2	0.9
of which, LCPs†	g	0.038	0.27	0.058
- Arachidonic acid (AA)	g	0.017	0.12	0.025
- Docosahexaenoic acid (DHA)	g	0.017	0.12	0.025
Carbohydrate	g	7.3	53.2	11.1
of which, sugars	g	7.2	52.5	10.9
of which, lactose	g	6.9	50.7	10.5
of which, polysols	g	0.007	0.052	0.011
- Inositol	g	0.007	0.052	0.011
Fibre	g	0.7	4.9	1.0
of which, GOS‡	g	0.48	3.5	0.73
of which, FOS§	g	0.08	0.58	0.12
Protein	g	1.3	9.6	2.0
Vitamins				
Vitamin A	µg	58	421	87
Vitamin D3	µg	1.4	11	2.2
Vitamin E	mg TE	1.2	8.8	1.8
Vitamin K1	µg	3.1	22	4.6
Vitamin C	mg	9.0	66	14
Thiamin (B1)	mg	0.06	0.46	0.10
Riboflavin (B2)	mg	0.14	1.0	0.21
Niacin (B3)	mg	0.43	3.1	0.65
Vitamin B6	mg	0.04	0.32	0.07
Folate	µg	13	97	20
Vitamin B12	µg	0.11	0.80	0.17
Biotin	µg	1.6	12	2.4
Pantothenic acid	mg	0.51	3.74	0.78
Minerals				
Sodium	mg	23	168	34.8
Potassium	mg	71	518	107
Chloride	mg	52	382	79
Calcium	mg	61	445	92
Phosphorus	mg	42	306	64
Magnesium	mg	5.3	39	8.0
Iron	mg	0.53	3.8	0.80
Zinc	mg	0.48	3.5	0.72
Copper	mg	0.052	0.378	0.078
Manganese	mg	0.003	0.024	0.005
Fluoride	mg	≤ 0.006	≤ 0.043	≤ 0.009
Selenium	µg	3.0	22	4.6
Iodine	µg	13	92	19
Others				
L-Carnitine	mg	2.4	18	3.6
Choline	mg	22	159	33
Taurine	mg	5.3	39	8.0
Non-caloric carbohydrate (GOS*)	g	0.2	1.7	0.3
Nucleotides	mg	2.3	17	3.5
Fatty acids		g/100g fatty acids (dry product)		
Arachidonic acid (AA) C20:4		0.52		
Docosahexaenoic acid (DHA) C22:6		0.52		
Linoleic:α-Linolenic acid		8.47:1		
Potential renal solute load		131mOsmol/l		
Scoop weight		4.6g		
% dilution		13.7%		

INDICATIONS

Inspired by 50 years of research in early life science, our scientists have developed Aptamil Advanced First Infant milk, our tailored formulation for babies that is nutritionally complete** to use from birth to 6 months and as part of a weaning diet from 6 to 12 months, if moving from breastfeeding, or as a suitable complement to breastfeeding. Aptamil Advanced First Infant milk contains sCGOS/ lcfOS*, 2'FL*, anhydrous milk fat and phospholipid-bound LCPs†.

CONTRAINDICATIONS

Not suitable for intravenous use. Not suitable for cows' milk protein allergy or lactose intolerance. Not suitable for vegetarians

INGREDIENTS*

Lactose (from **milk**), Skimmed **milk**, Demineralised whey (from **milk**), Anhydrous **milk** fat, Vegetable oils (Sunflower oil, Rapeseed oil, High oleic sunflower oil, Coconut oil), Galacto-oligosaccharides (GOS) (from **milk**), Whey concentrate (from **milk**), **Milk** protein, Phospholipid (from **egg**), 2'-Fucosyllactose (2'-FL), Fructooligosaccharides (FOS), Calcium phosphate, **Fish** oil, Sodium citrate, Potassium chloride, Oil from Mortierella Alpina, Choline chloride, Magnesium chloride, Vitamin C, Calcium carbonate, Inositol, Taurine, Emulsifier (Sunflower lecithin), Potassium citrate, L-Carnitine, Ferrous sulphate, Zinc sulphate, Vitamin E, Uridine 5'-monophosphate sodium salt, Cytidine 5'-monophosphate, Adenosine 5'-monophosphate, Pantothenic acid, Inosine 5'-monophosphate sodium salt, Nicotinamide, Antioxidant (Vitamin C), Guanosine 5'-monophosphate sodium salt, Copper sulphate, Vitamin A, Thiamin, Riboflavin, Vitamin B6, Potassium iodide, Folic acid, Sodium selenite, Manganese sulphate, Vitamin K1, Biotin, Vitamin D3, Vitamin B12.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Infant milk is suitable from birth, when infants are not breastfed and should only be used on the advice of a doctor, dietitian, pharmacist, or other professional responsible for maternal and child care.

AMINO ACID COMPOSITION					
	g per 100g Protein equivalent	mg per 100ml prepared feed; 13.7g powder		g per 100g Protein equivalent	mg per 100ml prepared feed; 13.7g powder
L-Alanine	4.2	55	L-Lysine	8.9	118
L-Arginine	3.1	41	L-Methionine	2.3	30
L-Aspartic acid/ L-Asparagine	9.6	126	L-Phenylalanine	4.1	54
L-Cysteine	1.7	23	L-Proline	7.5	100
L-Glutamic acid/ L-Glutamine	20.7	273	L-Serine	5.6	73
Glycine	1.8	24	L-Threonine	5.6	74
L-Histidine	2.5	32	L-Tryptophan	1.6	21
L-Isoleucine	5.0	67	L-Tyrosine	4.1	54
L-Leucine	10.4	137	L-Valine	5.5	72

* These values refer to powder. There are small ingredient and nutritional differences between powder and liquid.

† Long-chain polyunsaturated fatty acids

‡ short chain galacto-oligosaccharides/long chain fructo-oligosaccharides

§ 2'-Fucosyllactose

¶ Galacto-oligosaccharides

• Fructo-oligosaccharides

**As required by the legislation for all infant milk, Aptamil Advanced First Infant milk is nutritionally complete and suitable as a sole source of nutrition from birth and as part of a weaning diet from 6 months.



Aptamil Advanced Follow On Milk

Liquid Format: 200ml bottle

Powder Format: 800g pack

NUTRITION INFORMATION*

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		285	1978	419
	kcal	68	472	100
Fat	g	3.2	22.2	4.7
of which, saturates	g	1.5	10.2	2.2
of which, mono-unsaturates	g	1.1	7.9	1.7
of which, polyunsaturates	g	0.6	4.0	0.9
of which, LCPS†	g	0.030	0.21	0.045
- Arachidonic acid (AA)	g	0.009	0.06	0.013
- Docosahexaenoic acid (DHA)	g	0.017	0.12	0.025
of which EFAs††	g	0.520	3.58	0.765
- Linoleic acid (LA)	g	0.466	3.2	0.765
- Alpha-linolenic acid (ALA)	g	0.054	0.38	0.079
Carbohydrate	g	8.2	56.7	12.0
of which, sugars	g	8.1	55.9	11.8
of which, lactose	g	7.8	54.1	11.5
of which, polyols	g	0.007	0.046	0.010
- Inositol	g	0.007	0.046	0.010
Fibre	g	0.6	4.3	0.9
of which, GOS*	g	0.48	3.3	0.71
of which, FOS‡	g	0.08	0.55	0.12
Protein	g	1.4	9.4	2.0
Vitamins				
Vitamin A	µg	60	414	88
Vitamin D ₃	µg	1.7	12	2.5
Vitamin E	mg TE	0.94	6.5	1.4
Vitamin K ₁	µg	3.2	22	4.6
Vitamin C	mg	8.5	59	12
Thiamin (B ₁)	mg	0.05	0.33	0.07
Riboflavin (B ₂)	mg	0.14	0.97	0.21
Niacin (B ₃)	mg	0.46	3.2	0.67
Vitamin B ₆	mg	0.040	0.277	0.059
Folate	µg	13	88	19
Vitamin B ₁₂	µg	0.11	0.79	0.17
Biotin	µg	1.5	11	2.2
Pantothenic acid	mg	0.46	3.17	0.67
Minerals				
Sodium	mg	23	159	33.8
Potassium	mg	74	513	109
Chloride	mg	54	374	79
Calcium	mg	75	520	110
Phosphorus	mg	50	346	73
Magnesium	mg	7.0	48	10
Iron	mg	1.0	7.0	1.5
Zinc	mg	0.48	3.4	0.71
Copper	mg	0.054	0.374	0.079
Manganese	mg	0.005	0.035	0.007
Fluoride	mg	≤ 0.006	≤ 0.043	≤ 0.009
Selenium	µg	3.2	22	4.6
Iodine	µg	13	88	19
Others				
L-Carnitine	mg	2.0	14	2.9
Choline	mg	15	104	22
Taurine	mg	5.1	35	7.5
Non-caloric carbohydrate (GOS*)	g	0.2	1.6	0.3
Nucleotides	mg	2.4	16	3.5
Fatty acids	g/100g fatty acids (dry product)			
Arachidonic acid (AA) C20:4	0.29			
Docosahexaenoic acid (DHA) C22:6	0.56			
Linoleic:α-Linolenic acid	8.55:1			
Potential renal solute load	131mOsmol/l			
Scoop weight	4.8g			
% dilution	14.4%			

* These values refer to powder. There are small ingredient and nutritional differences between powder and liquid.

† Long-chain polyunsaturated fatty acids

††Essential fatty acids.

* short chain galacto-oligosaccharides/long chain fructo-oligosaccharides

‡ 2'-Fucosyllactose.

° Galacto-oligosaccharides

° Fructo-oligosaccharides

INDICATIONS

Inspired by 50 years of breastmilk research, our scientists have developed Aptamil Advanced Follow On milk, specially formulated to help meet the increased nutritional needs of infants from 6-12 months as part of a mixed diet. Aptamil Advanced Follow On milk contains scGOS/lcFOS*, 2'FL*, anhydrous milk fat and phospholipidbound LCPS*.

CONTRAINDICATIONS

Not suitable for intravenous use. Not suitable for cows' milk protein allergy or lactose intolerance. Not suitable for vegetarians

INGREDIENTS*

Lactose (from **milk**). Skimmed **milk**. Vegetable oils (Sunflower oil, Rapeseed oil, High oleic sunflower oil, Coconut oil). Demineralised whey (from **milk**). Anhydrous **milk** fat. Galactooligosaccharides (GOS) (from **milk**). Whey concentrate (from **milk**). **Milk** protein. Phospholipid (from **egg**). Calcium phosphate. Fructo-oligosaccharides (FOS). **Fish** oil, 2'-Fucosyllactose (2'-FL). Potassium chloride, Magnesium chloride, Potassium citrate, Sodium citrate, Vitamin C, Oil from Mortierella Alpina, Choline chloride, Calcium carbonate, Taurine, Inositol, Emulsifier (Sunflower lecithin), Ferrous sulphate, L-Carnitine, L-Tryptophan, Zinc sulphate, Cytidine 5'-monophosphate, Uridine 5'-monophosphate sodium salt, Adenosine 5'-monophosphate, Inosine 5'-monophosphate sodium salt, Nicotinamide, Vitamin E, Pantothenic acid, Antioxidant (Vitamin C), Guanosine 5'-monophosphate sodium salt, Copper sulphate, Vitamin A, Thiamin, Riboflavin, Vitamin B₆, Potassium iodide, Folic acid, Manganese sulphate, Sodium selenite, Vitamin K₁, Vitamin D₃, Biotin, Vitamin B₁₂.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Aptamil Advanced Follow-on milk should only be used as part of a mixed diet and not as a breastmilk substitute before 6 months. Use on the advice of a healthcare professional.

AMINO ACID COMPOSITION

	g per 100g Protein equivalent	mg per 100ml prepared feed; 14.4g powder		g per 100g Protein equivalent	mg per 100ml prepared feed; 14.4g powder
L-Alanine	3.9	53	L-Lysine	8.6	116
L-Arginine	3.2	43	L-Methionine	2.3	31
L-Aspartic acid/ L-Asparagine	9.0	123	L-Phenylalanine	4.2	57
L-Cysteine	1.4	20	L-Proline	8.2	111
L-Glutamic acid/ L-Glutamine	21.2	288	L-Serine	5.7	78
Glycine	1.8	24	L-Threonine	5.6	76
L-Histidine	2.5	34	L-Tryptophan	1.6	22
L-Isoleucine	4.9	67	L-Tyrosine	4.2	58
L-Leucine	9.9	135	L-Valine	5.6	76



Aptamil Advanced Toddler Milk

Powder Format: 800g pack

NUTRITION INFORMATION

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy	kJ	264	1860	419
	kcal	63	444	100
Fat	g	2.8	19.7	4.4
of which, saturates	g	0.49	3.4	0.77
of which, LCPS†	g	0.015	0.11	0.024
- Docosahexaenoic acid (DHA)	g	0.015	0.11	0.024
Carbohydrate	g	7.8	55.1	12.4
of which, sugars	g	7.8	54.8	12.3
Salt	g	0.04	0.28	0.06
Fibre	g	1.2	8.1	1.8
Protein	g	1.1	7.5	1.7
Vitamins				
Vitamin A	µg	72	505	114
Vitamin D ₃	µg	2.31	16	3.67
Vitamin C	mg	14	102	23
Riboflavin (B ₂)	mg	0.13	0.92	0.21
Vitamin B ₁₂	µg	0.42	2.9	0.66
Pantothenic acid	mg	0.58	3.87	0.897
Minerals				
Calcium	mg	126	888	200
Iron	mg	1.3	9.4	2.1
Iodine	µg	15	107	24
Others				
2'-FL*	g	0.02	0.13	0.03
GOS/FOS‡	g	1.64	11.3	2.5
Fatty acids		g/100g fatty acids (dry product)		
Docosahexaenoic acid (DHA) C22:6		0.57		
Linoleic:α-Linolenic acid		12:2:1		
Potential renal solute load		107mOsmol/l		
Scoop weight		4.7g		
% dilution		14.2%		

INDICATIONS

Inspired by 50 years of breastmilk research, our scientists have developed Aptamil Advanced Toddler Milk 1-2 years, a nutritionally tailored milk to support a toddler aged 1-2 years as they continue to undergo growth and cognitive development. Aptamil Advanced Toddler Milk contains scGOS/lcFOS* and 2'-FL*. Aptamil Advanced Toddler Milk also contains anhydrous milk fat and is enriched with iron to support normal cognitive development and with Vitamin D to support normal growth and development of bone. Aptamil Advanced Toddler Milk should be used as part of a toddler's healthy balanced diet.

CONTRAINDICATIONS

Not suitable for intravenous use. Not suitable for cows' milk protein allergy or lactose intolerance. Not suitable for vegetarians

INGREDIENTS*

Dairy-based blend (of which 23% is fermented) [Lactose (from **milk**), Skimmed **milk**, Sunflower oil, Whey concentrate (from **milk**), Rapeseed oil, Calcium phosphate, Calcium carbonate, Vitamin C, Emulsifier (Sunflower lecithin), Antioxidant (Vitamin C), Riboflavin, Vitamin B12], Galacto-oligosaccharides (GOS) (from **milk**), Anhydrous **milk** fat (1.8%), Fructo-oligosaccharides (FOS), **Fish** oil, 2'-Fucosyllactose (2'-FL), Ferrous sulphate, Vitamin A, Potassium iodide, Vitamin D₃.

Allergy advice: For allergens, see ingredients in **bold**.

Use Toddler milk as part of a varied, balanced diet from 1 year.

† Long-chain polyunsaturated fatty acids
‡ short chain galacto-oligosaccharides/long chain fructo-oligosaccharides
* 2'-Fucosyllactose.



Aptamil Milks Range

Product Datacards



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Aptamil First Infant Milk

Breastmilk substitute suitable from birth onwards

Liquid format: 6 x 70ml starter pack, 200ml bottle, 4 x 200ml multipack , 6 x 200ml multipack and 500ml bottle

Powder Format: 1.2kg big pack, 800g pack

Pre-Measured Tabs: x24 sachets

NUTRITION INFORMATION*

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		276	2016	418
	kcal	66	482	100
Fat	g	3.4	24.6	5.1
of which, saturates	g	1.1	8.0	1.7
of which, mono-unsaturates	g	1.7	12.4	2.6
of which, polyunsaturates	g	0.6	4.2	0.9
of which, LCPs†	g	0.038	0.29	0.058
- Arachidonic acid (AA)	g	0.017	0.12	0.025
- Docosahexaenoic acid (DHA)	g	0.017	0.12	0.025
of which EFAs††	g	0.511	3.7	0.774
Linoleic acid (LA) (Omega-6)	g	0.456	3.3	0.691
- Alpha-linolenic acid (ALA) (Omega-3)	g	0.055	0.40	0.08
Carbohydrate	g	7.3	53.5	11.1
of which, sugars	g	7.2	52.7	10.9
of which, lactose	g	7.0	50.8	10.6
of which, polyols	g	0.007	0.053	0.011
- inositol	g	0.007	0.053	0.011
Fibre	g	0.6	4.2	0.9
of which, GOS‡	g	0.48	3.5	0.73
of which, FOS‡	g	0.08	0.58	0.12
Protein	g	1.3	9.7	2.0
Vitamins				
Vitamin A	µg	58	422	88
Vitamin D ₃	µg	1.45	11	2.20
Vitamin E	mg TE	1.2	8.8	1.8
Vitamin K ₁	µg	5.6	41	8.4
Vitamin C	mg	8.2	60	13
Thiamin (B ₁)	mg	0.07	0.48	0.10
Riboflavin (B ₂)	mg	0.14	0.99	0.20
Niacin (B ₃)	mg	0.43	3.1	0.65
Vitamin B ₆	mg	0.06	0.40	0.084
Folate	µg	13	98	20
Vitamin B ₁₂	µg	0.16	1.2	0.25
Biotin	µg	1.8	13	2.7
Pantothenic acid	mg	0.53	3.83	0.80
Minerals				
Sodium	mg	22.1	162	33.6
Potassium	mg	83	609	126
Chloride	mg	55	403	84
Calcium	mg	58	426	88
Phosphorus	mg	33	243	50
Magnesium	mg	6.6	48	10
Iron	mg	0.53	3.9	0.80
Zinc	mg	0.48	3.5	0.73
Copper	mg	0.050	0.365	0.076
Manganese	mg	0.003	0.024	0.005
Fluoride	mg	≤ 0.006	≤ 0.043	≤ 0.009
Selenium	µg	2.5	18	3.8
Iodine	µg	13	92	19
Others				
L-Carnitine	mg	2.0	15	3.0
Choline	mg	21	156	32
Non-caloric carbohydrate (GOS*)	g	0.2	1.7	0.3
Fatty acids		g/100g fatty acids (dry product)		
Arachidonic acid (AA) C20:4		0.52		
Docosahexaenoic acid (DHA) C22:6		0.52		
Linoleic:α-Linolenic acid		8.36:1		
Potential renal solute load		133mOsmol/l		
Scoop weight		4.6g		
% dilution		13.7%		

INDICATIONS

Aptamil First Infant Milk is a nutritionally complete** infant milk for use from birth, if moving from breastfeeding or as a suitable complement to breastfeeding.

Aptamil First Infant Milk contains:

- Oligosaccharides
- LCPs†
- No palm oil

CONTRAINDICATIONS

This product is not suitable for cows' milk protein allergy/intolerance, lactose intolerance or intravenous use.

INGREDIENTS*

Dairy-based blend (of which 29% is fermented) [Lactose (from **milk**), Vegetable oils (High oleic sunflower oil, Coconut oil, Rapeseed oil, Sunflower oil), Skimmed **milk**, Demineralised whey (from **milk**), Whey concentrate (from **milk**), **Fish** oil, Potassium citrate, Calcium carbonate, Magnesium chloride, Choline chloride, Calcium phosphate, Sodium citrate, Potassium chloride, Vitamin C, Emulsifier (**Soy** lecithin), Inositol, Antioxidant (Vitamin C), Pantothenic acid, Nicotinamide, Vitamin E, Thiamin, Riboflavin, Vitamin B₆, Potassium iodide, Folic acid, Vitamin K₁, Biotin, Vitamin B₁₂, Galacto-oligosaccharides (GOS) (from **milk**), **Milk** protein, Fructo-oligosaccharides (FOS), Oil from *Mortierella Alpina*, Sodium chloride, L-Tryptophan, Ferrous sulphate, Zinc sulphate, L-Carnitine, Copper sulphate, Vitamin A, Sodium selenite, Manganese sulphate, Vitamin D₃].

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Aptamil First Infant Milk is suitable from birth, when infants are not breastfed and should only be used on the advice of a doctor, dietitian, pharmacist, or other professional responsible for maternal and child care.

AMINO ACID COMPOSITION

	g per 100g Protein equivalent	mg per 100ml prepared feed; 13.7g powder		g per 100g Protein equivalent	mg per 100ml prepared feed; 13.7g powder
L-Alanine	3.9	52	L-Lysine	8.7	115
L-Arginine	3.2	42	L-Methionine	2.3	31
L-Aspartic acid/ L-Asparagine	9.1	121	L-Phenylalanine	4.2	56
L-Cysteine	1.5	20	L-Proline	8.1	107
L-Glutamic acid/ L-Glutamine	21.2	281	L-Serine	5.6	75
Glycine	1.8	24	L-Threonine	5.4	72
L-Histidine	2.6	34	L-Tryptophan	1.9	25
L-Isoleucine	4.9	64	L-Tyrosine	4.3	57
L-Leucine	10.1	134	L-Valine	5.5	73

* These values refer to powder. There are small ingredient and nutritional differences between powder and liquid.

† Long-chain polyunsaturated fatty acids

‡ Galacto-oligosaccharides

§ Fructo-oligosaccharides

|| Essential fatty acids

**As required by the legislation for all infant milk, Aptamil First Infant Milk is nutritionally complete and suitable as a sole source of nutrition from birth and as part of a weaning diet from 6 months.



Aptamil Follow On Milk

To help meet increased nutritional requirements from 6-12 months.

Liquid format: 200ml bottle, 4 x 200ml multipack and 6 x 200ml multipack
Powder Format: 1.2kg big pack, 800g pack, 700g pack
Pre-Measured Tabs: x24 sachets

NUTRITION INFORMATION*

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		285	1977	419
	kcal	68	472	100
Fat	g	3.2	22.2	4.7
of which, saturates	g	1.0	7.2	1.5
of which, mono-unsaturates	g	1.6	11.2	2.4
of which, polyunsaturates	g	0.5	3.8	0.8
of which, LCPs†	g	0.031	0.21	0.045
- Arachidonic acid (AA)	g	0.009	0.06	0.013
- Docosahexaenoic acid (DHA)	g	0.017	0.12	0.025
of which EFAs††	g	0.487	3.4	0.717
- Linoleic acid (LA)	g	0.435	3.0	0.640
- Alpha-linoleic acid (ALA)	g	0.052	0.36	0.077
Carbohydrate	g	8.2	56.7	12
of which, sugars	g	8.1	55.9	11.8
of which, lactose	g	7.8	54.1	11.5
of which, polyols	g	0.007	0.046	0.01
- Inositol	g	0.007	0.046	0.01
Fibre	g	0.6	4.0	0.8
of which, GOS‡	g	0.48	3.3	0.71
of which, FOS§	g	0.08	0.56	0.12
Protein	g	1.4	9.5	2.0
Vitamins				
Vitamin A	µg	59	413	87
Vitamin D3	µg	1.7	12	2.5
Vitamin E	mg TE	1.5	10	2.2
Vitamin K1	µg	5.8	40	8.5
Vitamin C	mg	9.3	64	14
Thiamin (B1)	mg	0.10	0.71	0.15
Riboflavin (B2)	mg	0.14	1.0	0.21
Niacin (B3)	mg	0.46	3.2	0.68
Vitamin B6	mg	0.06	0.39	0.08
Folate	µg	14	94	20
Vitamin B12	µg	0.18	1.3	0.27
Biotin	µg	1.8	12	2.6
Pantothenic acid	mg	0.50	3.4	0.73
Minerals				
Sodium	mg	23.6	164	34.7
Potassium	mg	84	582	123
Chloride	mg	54	373	79
Calcium	mg	73	505	107
Phosphorus	mg	50	347	74
Magnesium	mg	6.8	47	10
Iron	mg	1.0	71	1.5
Zinc	mg	0.50	3.5	0.74
Copper	mg	0.054	0.373	0.079
Manganese	mg	0.005	0.036	0.008
Fluoride	mg	≤ 0.006	≤ 0.042	≤ 0.009
Selenium	µg	3.1	22	4.6
Iodine	µg	13	91	19
Others				
L-Carnitine	mg	2.0	14	2.9
Choline	mg	17	115	24
Taurine	mg	0.12	0.87	0.18
Non-caloric carbohydrate (GOS*)	g	0.2	1.6	0.3
Fatty acids		g/100g fatty acids (dry product)		
Arachidonic acid (AA) C20:4		0.29		
Docosahexaenoic acid (DHA) C22:6		0.56		
Linoleic:α-Linolenic acid		8.3:1		
Potential renal solute load		141mOsmol/l		
Scoop weight		4.8g		
% dilution		14.4%		

INDICATIONS

Aptamil Follow On Milk is formulated to help meet the increased nutritional needs of infants from 6 months as part of a mixed diet.

- Aptamil Follow On Milk contains:
- Oligosaccharides scGOS/lcFOS*
 - LCPs† - DHA and AA
 - Iron to support normal cognitive development
 - Vitamin D to support the normal function of the immune system
 - No palm oil

CONTRAINDICATIONS

This product is not suitable for cows' milk protein allergy/intolerance, lactose intolerance or intravenous use.

INGREDIENTS*

Dairy-based blend (of which 29% is fermented) [Lactose (from **milk**), Vegetable oils (High oleic sunflower oil, Coconut oil, Rapeseed oil, Sunflower oil), Skimmed **milk**, Demineralised whey (from **milk**), Whey concentrate (from **milk**), Calcium phosphate, **Fish** oil, Potassium chloride, Potassium citrate, Choline chloride, Sodium citrate, Vitamin C, Calcium carbonate, Emulsifier (**Soy** lecithin), Inositol, Magnesium chloride, Vitamin E, Antioxidant (Vitamin C), Pantothenic acid, Nicotinamide, Thiamin, Riboflavin, Vitamin B6, Folic acid, Potassium iodide, Vitamin K1, Biotin, Vitamin B12], Galacto-oligosaccharides (GOS) (from **milk**), Fructo-oligosaccharides (FOS), **Milk** protein, Magnesium hydrogen phosphate, Oil from *Mortierella Alpina*, Sodium chloride, L-Tryptophan, Ferrous sulphate, Zinc sulphate, L-Carnitine, Copper sulphate, Vitamin A, Manganese sulphate, Sodium selenite, Vitamin D3.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Aptamil Follow On Milk should only be used as part of a mixed diet and not as a breastmilk substitute before 6 months. Use on the advice of a healthcare professional.

AMINO ACID COMPOSITION				
	g per 100g Protein equivalent	mg per 100ml prepared feed; 14.4g powder		mg per 100ml prepared feed; 14.4g powder
L-Alanine	3.7	50	L-Lysine	8.4
L-Arginine	3.3	45	L-Methionine	2.3
L-Aspartic acid/ L-Asparagine	8.6	118	L-Phenylalanine	4.4
L-Cysteine	1.2	17	L-Proline	8.6
L-Glutamic acid/ L-Glutamine	21.7	295	L-Serine	5.7
Glycine	1.9	25	L-Threonine	5.2
L-Histidine	2.7	37	L-Tryptophan	1.8
L-Isoleucine	4.7	64	L-Tyrosine	4.5
L-Leucine	9.8	133	L-Valine	5.5

* These values refer to powder. There are small ingredient and nutritional differences between powder and liquid.

† Long-chain polyunsaturated fatty acids

‡ Galacto-oligosaccharides

§ Fructo-oligosaccharides

|| Essential fatty acids

^ short chain galacto-oligosaccharides/long chain fructo-oligosaccharides



Aptamil Toddler Milk 1+ year

For toddlers from 1+ year as part of a varied, balanced diet

Liquid format: 200ml tetra packs and 1 litre tetra packs

Powder Format: 700g pack and 800g pack

NUTRITION INFORMATION*

Typical values	Units	per 100ml prepared drink	per 100g	per 100kcal
Energy		275	1850	419
	kJ	65	441	100
	kcal	2.8	18.9	4.3
Fat	g	0.31	2.1	0.47
of which, saturates	g	0.01	0.07	0.015
of which, LCPS†	g	0.01	0.07	0.015
- Docosahexaenoic acid (DHA)	g	8.3	56.2	12.7
Carbohydrate	g	6.7	55.8	12.7
of which, sugars	g	7.82	53.1	12
of which, lactose	g	1.1	7.8	1.8
Fibre	g	0.97	6.6	1.5
of which, GOS°	g	0.16	1.1	0.25
of which, FOS°	g	1.1	7.7	1.7
Protein	g	0.04	0.29	0.07
Salt	g			
Vitamins				
Vitamin A	µg	73.9	503	114
Vitamin D ₃	µg	2.4	16	3.7
Vitamin C	mg	15	100	23
Riboflavin (B ₂)	mg	0.14	0.98	0.22
Vitamin B ₁₂	µg	0.25	1.7	0.38
Minerals				
Calcium	mg	130	882	200
Iron	mg	1.4	9.3	2.1
Iodine	µg	16	106	24
Others				
Non-caloric carbohydrate (GOS°)	g	0.5	3.2	0.7
Fatty acids		g/100g fatty acids (dry product)		
Docosahexaenoic acid (DHA) C22:6		0.37		
Linoleic:α-Linolenic acid		12.4:1		
Potential renal solute load		114mOsmol/l		
Scoop weight		4.9g		
% dilution		14.7%		

INDICATIONS

Aptamil Toddler Milk 1+ year is a nutritionally tailored milk which has been formulated to help meet the growing needs of toddlers aged 1-2 years.

Aptamil Toddler Milk 1+ year contains:

- Oligosaccharides
- DHA (omega-3)
- Iron to support normal cognitive development
- Vitamin D to support the normal function of the immune system
- No palm oil

2 beakers (2x150ml) a day of Aptamil Toddler Milk 1+ year supports a toddler's daily requirements of Vitamin D.

CONTRAINDICATIONS

This product is not suitable for cows' milk protein allergy/intolerance, lactose intolerance or intravenous use.

INGREDIENTS*

Dairy-based blend (of which 22% is fermented) [Lactose (from **milk**), Whey concentrate (from **milk**), Skimmed **milk**, Sunflower oil, Rapeseed oil, Calcium phosphate, Calcium carbonate, Vitamin C, Emulsifier (Sunflower lecithin), Antioxidant (Vitamin C), Riboflavin, Vitamin B₁₂, Galacto-oligosaccharides (GOS) (from **milk**), Fructo-oligosaccharides (FOS), **Fish** oil, Ferrous sulphate, Vitamin A, Potassium iodide, Vitamin D₃.

Allergy advice: For allergens, see ingredients in **bold**.

Use Aptamil Toddler Milk as part of a varied, balanced diet from 1 year.

* These values refer to powder. There are small ingredient and nutritional differences between powder and liquid.

† Long-chain polyunsaturated fatty acids

° Galacto-oligosaccharides

° Fructo-oligosaccharides



Aptamil Toddler Milk 2+ years

For toddlers from 2+ years as part of a varied, balanced diet

Powder Format: 800g pack

NUTRITION INFORMATION

Typical values	Units	per 100ml prepared drink	per 100g	per 100kcal
Energy		264	1866	419
	kJ	63	441	100
Fat		2.7	18.9	4.3
of which, saturates	g	0.30	2.1	0.47
of which, LCPs†	g	0.010	0.07	0.015
- Docosahexaenoic acid (DHA)	g	0.010	0.07	0.015
Carbohydrate		8.0	56.2	12.7
of which, sugars	g	8.0	55.8	12.6
of which, lactose	g	7.6	53	12
Fibre		1.1	7.8	1.8
of which, GOS°	g	0.94	6.6	1.5
of which, FOS°	g	0.16	1.1	0.25
Protein		1.1	7.7	1.7
Salt		0.04	0.29	0.07
Vitamins				
Vitamin A	µg	72	503	114
Vitamin D ₃	µg	2.3	16	3.7
Vitamin C	mg	14	100	23
Riboflavin (B ₂)	mg	0.14	0.98	0.22
Vitamin B ₁₂	µg	0.24	1.7	0.38
Minerals				
Sodium	mg	23.6	178	40
Potassium	mg	95	716	161
Chloride	mg	47	355	80
Calcium	mg	126	882	200
Phosphorus	mg	74	561	126
Magnesium	mg	11.8	89	20
Iron	mg	1.3	9.3	2.1
Zinc	mg	0.47	3.6	0.8
Iodine	µg	15	106	24
Others				
Non-caloric carbohydrate (GOS°)	g	0.5	3.2	0.7
Fatty acids		g/100g fatty acids (dry product)		
Docosahexaenoic acid (DHA) C22:6		0.37		
Linoleic:α-Linolenic acid		12.4:1		
Potential renal solute load		110mOsmol/l		
Scoop weight		4.8g		
% dilution		14.3%		

INDICATIONS

Aptamil Toddler Milk 2+ years has been formulated to help complement the diets of growing, active toddlers.

Aptamil Toddler Milk 2+ years contains:

- Oligosaccharides
- DHA (Omega-3)
- Iron to support normal cognitive development
- Vitamin D to support the normal function of the immune system
- No palm oil

2 beakers (2x150ml) a day of Aptamil Toddler Milk 2+ year supports a toddler's daily requirements of Vitamin D.

CONTRAINDICATIONS

This product is not suitable for cows' milk protein allergy/intolerance, lactose intolerance or intravenous use.

INGREDIENTS*

Dairy-based blend (of which 22% is fermented) [Lactose (from **milk**), Whey concentrate) (from **milk**), Skimmed **milk**, Sunflower oil, Rapeseed oil, Calcium phosphate, Calcium carbonate, Vitamin C, Emulsifier (Sunflower lecithin), Antioxidant (Vitamin C), Riboflavin, Vitamin B₁₂, Galacto-oligosaccharides (GOS) (from **milk**), Fructo-oligosaccharides (FOS), **Fish** oil, Flavouring, Ferrous sulphate, Vitamin A, Potassium iodide, Vitamin D₃.

Allergy advice: For allergens, see ingredients in **bold**.

Use Aptamil Toddler Milk as part of a varied, balanced diet from 2 years.

† Long-chain polyunsaturated fatty acids

° Galacto-oligosaccharides

° Fructo-oligosaccharides



Aptamil Hungry First Infant Milk

Breastmilk substitute suitable from birth onwards for bottlefed babies

Powder Format: 800g pack

NUTRITION INFORMATION

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		277	2019	419
	kcal	66	482	100
Fat	g	3.4	24.7	5.1
of which, saturates	g	1.1	8.0	1.6
of which, mono-unsaturates	g	1.7	12.5	2.6
of which, polyunsaturates	g	0.6	4.3	0.9
of which, LCPs†	g	0.038	0.29	0.06
- Arachidonic acid (AA)	g	0.017	0.12	0.025
- Docosahexaenoic acid (DHA)	g	0.017	0.12	0.025
of which EFAs††	g	0.516	3.8	0.780
- Linoleic acid (LA)	g	0.461	3.4	0.697
- Alpha-linolenic acid (ALA)	g	0.055	0.40	0.083
Carbohydrate	g	7.3	53.3	11.1
of which, sugars	g	7.2	52.5	10.9
of which, lactose	g	6.9	50.7	10.5
of which, polyols	g	0.007	0.048	0.01
- Inositol	g	0.007	0.048	0.01
Fibre	g	0.6	4.2	0.9
of which, GOS*‡	g	0.48	3.5	0.73
of which, FOS‡	g	0.08	0.59	0.12
Protein	g	1.3	9.7	2.0
Vitamins				
Vitamin A	µg	57.8	422	87.6
Vitamin D ₃	µg	1.45	11	2.2
Vitamin E	mg TE	1.2	8.6	1.8
Vitamin K ₁	µg	4.2	31	6.4
Vitamin C	mg	9.3	68	14
Thiamin (B ₁)	mg	0.07	0.49	0.10
Riboflavin (B ₂)	mg	0.15	1.1	0.22
Niacin (B ₃)	mg	0.43	3.2	0.66
Vitamin B ₆	mg	0.06	0.4	0.08
Folate	µg	14	105	22
Vitamin B ₁₂	µg	0.12	0.90	0.19
Biotin	µg	2.4	18	3.6
Pantothenic acid	mg	0.56	4.07	0.8
Minerals				
Sodium	mg	22.1	161	33.4
Potassium	mg	73	533	110
Chloride	mg	52	379	79
Calcium	mg	65	474	98
Phosphorus	mg	41	302	63
Magnesium	mg	5.6	41	8.5
Iron	mg	0.53	3.9	0.81
Zinc	mg	0.51	3.7	0.77
Copper	mg	0.052	0.38	0.08
Manganese	mg	0.003	0.022	0.005
Fluoride	mg	≤ 0.003	≤ 0.022	≤ 0.005
Selenium	µg	3.0	22	4.5
Iodine	µg	13	92	19
Others				
L-Carnitine	mg	2.1	15	3.2
Choline	mg	22	159	33
Non-caloric carbohydrate (GOS*)	g	0.2	1.7	0.3
Fatty acids		g/100g fatty acids (dry product)		
Arachidonic acid (AA) C20:4		0.51		
Docosahexaenoic acid (DHA) C22:6		0.51		
Linoleic:α-Linolenic acid		8.31:1		
Potential renal solute load		131mOsmol/l		
Scoop weight		4.6g		
% dilution		13.7%		

INDICATIONS

Hungry First Infant Milk is a nutritionally complete** casein-dominant infant milk for bottle-fed babies suitable for use from birth.

- Casein-dominant
- Contains LCPs†
- No palm oil

CONTRAINDICATIONS

This product is not suitable for cows' milk protein allergy/intolerance, lactose intolerance or intravenous use.

INGREDIENTS

Lactose (from **milk**), Skimmed **milk**, Vegetable oils (High oleic sunflower oil, Coconut oil, Rapeseed oil, Sunflower oil), Galacto-oligosaccharides (GOS) (from **milk**), Fructo-oligosaccharides (FOS), **Fish oil**, Oil from *Mortierella Alpina*, Calcium phosphate, Choline chloride, Potassium citrate, Calcium carbonate, Sodium citrate, Vitamin C, L-Cysteine hydrochloride, Magnesium chloride, Emulsifier (**Soy** lecithin), Inositol, Calcium chloride, Potassium hydroxide, L-Tryptophan, Ferrous sulphate, L-Carnitine, Zinc sulphate, L-Isoleucine, Antioxidant (Vitamin C), Pantothenic acid, Nicotinamide, Copper sulphate, Vitamin E, Vitamin A, Thiamin, Riboflavin, Vitamin B₆, Folic acid, Potassium iodide, Sodium selenite, Manganese sulphate, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Aptamil Hungry First Infant Milk is suitable from birth, when infants are not breastfed and should only be used on the advice of a doctor, dietitian, pharmacist, or other professional responsible for maternal and child care.

AMINO ACID COMPOSITION

	g per 100g Protein equivalent	mg per 100ml prepared feed; 13.7g powder		g per 100g Protein equivalent	mg per 100ml prepared feed; 13.7g powder
L-Alanine	3.2	43	L-Lysine	8.2	108
L-Arginine	3.5	47	L-Methionine	2.5	33
L-Aspartic acid/ L-Asparagine	7.9	104	L-Phenylalanine	4.7	63
L-Cysteine	1.3	17	L-Proline	9.5	125
L-Glutamic acid/ L-Glutamine	22.7	300	L-Serine	5.8	77
Glycine	1.9	25	L-Threonine	4.5	60
L-Histidine	3.0	40	L-Tryptophan	1.6	21
L-Isoleucine	4.5	60	L-Tyrosine	5.0	67
L-Leucine	9.6	127	L-Valine	5.5	73

* Long-chain polyunsaturated fatty acids

° Galacto-oligosaccharides

° Fructo-oligosaccharides

† Essential fatty acids

**As required by the legislation for all infant milk, Aptamil Hungry First Infant Milk is nutritionally complete and suitable as a sole source of nutrition from birth and as part of a weaning diet from 6 months.



Aptamil Lactose Free First Infant Milk

Aptamil® Lactose Free First Infant milk is a nutritionally complete*, lactose free breastmilk substitute.

Suitable From: Birth
Powder Format: 400g tin

NUTRITION INFORMATION

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		276	2104	419
	kcal	66	502	100
Fat	g	3.4	25.6	5.1
of which, saturates	g	1.5	11.5	2.3
of which, mono-unsaturates	g	1.3	9.7	1.9
of which, polyunsaturates	g	0.6	4.4	0.9
of which, LCPs†	g	0.040	0.31	0.06
- Arachidonic acid (AA)	g	0.017	0.13	0.03
- Docosahexaenoic acid (DHA)	g	0.017	0.13	0.03
of which EFAs††	g	0.448	3.4	0.679
- Linoleic acid (LA) (Omega-6)	g	0.055	0.42	0.083
- Alpha-linoleic acid (ALA) (Omega-3)	g	0.055	0.40	0.083
Carbohydrate	g	7.6	58.1	11.6
of which, sugars	g	1.2	9.1	1.8
of which, lactose	g	<0.007	<0.05	<0.01
of which, polyols	g	0.007	0.055	0.011
- Inositol	g	0.007	0.055	0.011
Fibre	g	0.0	0	0
Protein	g	1.3	10.1	2.0
Vitamins				
Vitamin A	µg	57.6	440	87.6
Vitamin D ₃	µg	1.4	11	2.2
Vitamin E	mg TE	1.2	8.9	1.8
Vitamin K ₁	µg	4.4	34	6.7
Vitamin C	mg	9.3	70	14
Thiamin (B ₁)	mg	0.07	0.50	0.10
Riboflavin (B ₂)	mg	0.14	1.1	0.21
Niacin (B ₃)	mg	0.43	3.3	0.65
Vitamin B ₆	mg	0.05	0.35	0.07
Folate	µg	14	105	21
Vitamin B ₁₂	µg	0.17	1.3	0.25
Biotin	µg	1.6	13	2.5
Pantothenic acid	mg	0.53	4.02	0.80
Minerals				
Sodium	mg	22.1	168	33.4
Potassium	mg	80	611	122
Chloride	mg	51	387	77
Calcium	mg	68	519	103
Phosphorus	mg	49	371	74
Magnesium	mg	5.6	42	8.4
Iron	mg	0.71	5.4	1.1
Zinc	mg	0.48	3.7	0.73
Copper	mg	0.052	0.398	0.079
Manganese	mg	0.007	0.054	0.011
Fluoride	mg	≤0.006	≤0.045	≤0.009
Selenium	µg	3.0	23	4.6
Iodine	µg	13	96	19
Others				
L-Carnitine	mg	2.1	16	3.2
Choline	mg	22	170	34
Taurine	mg	5.4	41	8.1
Nucleotides	mg	2.3	18	3.5
Osmolarity	mOsmol/l	170		
Osmolality	mOsmol/kg H ₂ O	190		
Potential renal solute load	mOsmol/l	135		
Scoop weight		4.4g		
% dilution		13.1%		

INDICATIONS

It is a nutritionally complete* formula suitable from birth and as part of a weaning diet from 6 months to 1 year. Aptamil Lactose Free First Infant Milk should be used under the advice of a healthcare professional.

CONTRAINDICATIONS

Not suitable for intravenous use. Not suitable for infants with galactosaemia or cow's milk allergy. Not suitable for vegetarians.

INGREDIENTS*

Glucose syrup, Vegetable oils (Palm oil, Coconut oil, Rapeseed oil, High oleic sunflower oil, Sunflower oil), Calcium caseinate (from **milk**), Maltodextrin, Calcium phosphate, Sodium citrate, Potassium hydrogen phosphate, **Fish** oil, Potassium citrate, Magnesium chloride, Potassium chloride, L-Cysteine, Choline chloride, Oil from *Mortierella Alpina*, Emulsifier (**Soy** lecithin), Vitamin C, Potassium hydroxide, Inositol, Taurine, L-Tryptophan, L-Carnitine, Ferrous sulphate, Zinc sulphate, Vitamin E, Uridine 5'-monophosphate sodium salt, Cytidine 5'-monophosphate, Pantothenic acid, Adenosine 5'-monophosphate, Inosine 5'-monophosphate sodium salt, Nicotinamide, Guanosine 5'-monophosphate sodium salt, Copper sulphate, Riboflavin, Vitamin A, Thiamin, Vitamin B₆, Potassium iodide, Folic acid, Manganese sulphate, Sodium selenite, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Infant milk is suitable from birth, when infants are not breastfed and should only be used on the advice of a doctor, dietitian, pharmacist, or other professional responsible for maternal and child care.

AMINO ACID COMPOSITION					
	g per 100g Protein equivalent	mg per 100ml prepared feed; 13.14g powder		per 100g Protein equivalent	mg per 100ml prepared feed; 13.14g powder
L-Alanine	3.3	44	L-Lysine	8.6	114
L-Arginine	3.8	51	L-Methionine	3.1	41
L-Aspartic acid/ L-Asparagine	7.5	100	L-Phenylalanine	5.4	72
L-Cysteine	2.3	30	L-Proline	11.7	156
L-Glutamic acid/ L-Glutamine	23.9	316	L-Serine	6.4	85
Glycine	2.1	28	L-Threonine	4.6	61
L-Histidine	2.9	39	L-Tryptophan	1.6	21
L-Isoleucine	5.1	68	L-Tyrosine	5.7	76
L-Leucine	10.1	134	L-Valine	6.6	88

* Long-chain polyunsaturated fatty acids
 † Essential fatty acids

*As required by the legislation for all infant milk, Aptamil Lactose Free First Infant Milk is nutritionally complete and suitable as a sole source of nutrition from birth and as part of a weaning diet from 6 months.



Aptamil Tailored Milks Range

Product Datacards





Aptamil Comfort

For the dietary management of colic and constipation

Suitable From: Birth

Powder Format: 800g pack

NUTRITION INFORMATION

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		276	2015	418
	kcal	66	482	100
Fat	g	3.4	25.0	5.2
of which, saturates	g	1.4	10.6	2.2
of which, mono-unsaturates	g	1.4	10.2	2.1
of which, polyunsaturates	g	0.6	4.2	0.9
of which, LCPs [†]	g	0.038	0.290	0.06
- Arachidonic acid (AA)	g	0.017	0.120	0.03
- Docosahexaenoic acid (DHA)	g	0.017	0.120	0.03
Carbohydrate	g	7.0	51.1	10.6
of which, sugars	g	3.3	23.8	4.9
of which, lactose	g	2.7	19.7	4.1
of which, polys	g	0.016	0.115	0.024
- Inositol	g	0.009	0.062	0.013
of which, starch	g	1.4	10.2	2.1
Fibre	g	0.6	4.1	0.9
of which, GOS [‡]	g	0.48	3.5	0.73
of which, FOS [§]	g	0.08	0.58	0.12
Protein	g	1.5	11.1	2.3
of which whey	g	1.5	11.1	2.3
Salt	g	0.07	0.5	0.11
Vitamins				
Vitamin A	µg	58	423	88
Vitamin D ₃	µg	1.7	12	2.5
Vitamin E	mg TE	1.7	12	2.5
Vitamin K ₁	µg	4.9	36	7.5
Vitamin C	mg	9.1	67	14
Thiamin (B ₁)	mg	0.06	0.44	0.09
Riboflavin (B ₂)	mg	0.14	1	0.21
Niacin (B ₃)	mg	0.43	3.2	0.66
Vitamin B ₆	mg	0.04	0.31	0.06
Folate	µg	14	102	21.3
Vitamin B ₁₂	µg	0.08	0.6	0.12
Biotin	µg	1.7	12	2.5
Pantothenic acid	mg	0.57	4.2	0.86
Minerals				
Sodium	mg	28	204	42.4
Potassium	mg	81	590	122
Chloride	mg	51	372	77
Calcium	mg	59	431	89
Phosphorus	mg	33	239	50
Magnesium	mg	5.1	37	7.7
Iron	mg	0.73	5.3	1.1
Zinc	mg	0.48	3.5	0.73
Copper	mg	0.051	0.371	0.077
Manganese	mg	0.006	0.043	0.009
Fluoride	mg	≤ 0.006	≤ 0.043	≤ 0.009
Selenium	µg	3.0	22	4.5
Chromium	µg	≤ 6.0	≤ 43	≤ 9
Molybdenum	µg	≤ 6.0	≤ 43	≤ 9
Iodine	µg	13	92	19
Others				
L-Carnitine	mg	2.1	15	3.2
Choline	mg	25	182	38
Taurine	mg	5.4	39	8.1
Non-caloric carbohydrate (GOS [‡])	g	0.2	1.7	0.3
Nucleotides	mg	2.3	17	3.5
Osmolarity	mOsmol/l	220		
Osmolality	mOsmol/kg H ₂ O	250		
Potential renal solute load	mOsmol/l	144		
Scoop weight		4.6g		
% dilution		13.71%		

[†] Long-chain polyunsaturated fatty acids

[‡] Galacto-oligosaccharides

[§] Fructo-oligosaccharides

* Partially hydrolysed cows' milk protein

INDICATIONS

Aptamil Comfort is a food for special medical purposes, specifically formulated for the dietary management of colic and constipation^{1,2} in bottle-fed infants. Aptamil Comfort must be used under medical supervision.

It is a nutritionally complete formula suitable from birth and as part of a weaning diet from 6 months to 1 year. Aptamil Comfort significantly reduces the symptoms of colic and constipation.² Aptamil Comfort contains partially hydrolysed whey protein, lower lactose, flat blend with beta-palmitate and our blend of scGOS/lcFOS[†].

CONTRAINDICATIONS

Not suitable for intravenous use. Not suitable for infants with galactosaemia or cow's milk allergy. Not suitable for vegetarians. A variable or fast flow teat is recommended as Aptamil Comfort is a slightly thicker formula. Stools may be looser in consistency and greener in colour, due to the characteristics of the formula.

INGREDIENTS

Whey protein hydrolysate (from **milk**), Vegetable oils (Palm oil, Rapeseed oil, Sunflower oil, High oleic sunflower oil, Coconut oil), Glucose syrup, Galacto-oligosaccharides (GOS) (from **milk**), Maltodextrin, Potato starch, Maize starch, Lactose (from **milk**), Fructo-oligosaccharides (FOS), **Fish** oil, Potassium dihydrogen phosphate, Calcium phosphate, Calcium chloride, Choline chloride, Oil from Mortierella Alpina, Magnesium hydrogen phosphate, Potassium chloride, Sodium chloride, Vitamin C, Inositol, Taurine, Ferrous sulphate, L-Carnitine, Zinc sulphate, Uridine 5'-monophosphate sodium salt, Vitamin E, Cytidine 5'-monophosphate, Pantothenic acid, Adenosine 5'-monophosphate, Inosine 5'-monophosphate sodium salt, Nicotinamide, Guanosine 5'-monophosphate sodium salt, Copper sulphate, Riboflavin, Emulsifier (**Soy** lecithin), Vitamin A, Thiamin, Vitamin B₆, Potassium iodide, Folic acid, Antioxidant (Vitamin C), Manganese sulphate, Sodium selenite, Vitamin K₁, Vitamin D₃, Biotin, Vitamin B₁₂.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Aptamil Comfort is a food for special medical purposes for the dietary management of colic & constipation. It should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Suitable for use as the sole source of nutrition for infants from birth and as part of a balanced diet from 6-12 months. Refer to label for details.

AMINO ACID COMPOSITION

	g per 100g Protein equivalent	mg per 100ml prepared feed; 13.71g powder		g per 100g Protein equivalent	mg per 100ml prepared feed; 13.71g powder
L-Alanine	5.1	77	L-Lysine	10.3	156
L-Arginine	2.8	42	L-Methionine	2.3	35
L-Aspartic acid/ L-Asparagine	11.6	176	L-Phenylalanine	3.6	55
L-Cysteine	2.9	44	L-Proline	5.4	82
L-Glutamic acid/ L-Glutamine	18.7	284	L-Serine	4.8	73
Glycine	1.9	29	L-Threonine	5.7	87
L-Histidine	2.1	32	L-Tryptophan	1.9	28
L-Isoleucine	5.4	83	L-Tyrosine	3.4	52
L-Leucine	12.1	184	L-Valine	5.1	77

References: 1. Savino et al. (2006) *EJCN*; 60: 1304-1310.

2. Savino et al. (2003) *Acta Paediatr Suppl*; 441: 86-90.

[†] scGOS: short chain galacto-oligosaccharides,

lcFOS: long chain fructo-oligosaccharides



Aptamil Anti-Reflux

For the dietary management of frequent reflux & regurgitation

Suitable From: Birth
Powder Format: 800g pack

NUTRITION INFORMATION

Typical values	Units	per 100ml prepared feed	per 100g	per 100kcal
Energy		276	2024	418
	kcal	66	484	100
Fat	g	3.4	24.7	5.1
of which, saturates	g	1.5	11	2.3
of which, mono-unsaturates	g	1.3	9.5	2.0
of which, polyunsaturates	g	0.6	4.2	0.9
of which, LCPs ¹	g	0.039	0.284	0.06
- Arachidonic acid (AA)	g	0.017	0.120	0.03
- Docosahexaenoic acid (DHA)	g	0.017	0.120	0.03
Carbohydrate	g	7.3	53.4	11
of which, sugars	g	7.2	52.5	10.9
of which, lactose	g	7	51.5	10.7
of which, polyols	g	0.007	0.053	0.011
- Inositol	g	0.007	0.053	0.011
Fibre	g	0.7	5.0	1
of which, GOS ²	g	0.24	1.8	0.37
of which, FOS ³	g	0.04	0.29	0.06
Protein	g	1.3	9.7	2.0
Salt	g	0.05	0.4	0.08
Vitamins				
Vitamin A	µg	58	423	87
Vitamin D ₃	µg	1.6	12	2.5
Vitamin E	mg TE	1.1	8.2	1.7
Vitamin K ₁	µg	5.8	42	8.8
Vitamin C	mg	9.2	68	14
Thiamin (B ₁)	mg	0.07	0.48	0.1
Riboflavin (B ₂)	mg	0.14	1.0	0.21
Niacin (B ₃)	mg	0.43	3.2	0.65
Vitamin B ₆	mg	0.05	0.34	0.07
Folate	µg	14	101	21
Vitamin B ₁₂	µg	0.08	0.6	0.13
Biotin	µg	1.7	12	2.5
Pantothenic acid	mg	0.5	3.7	0.76
Minerals				
Sodium	mg	22	161	33.3
Potassium	mg	75	553	114
Chloride	mg	53	388	80
Calcium	mg	79	580	120
Phosphorus	mg	51	374	77
Magnesium	mg	5.1	38	7.8
Iron	mg	0.79	5.8	1.2
Zinc	mg	0.63	4.6	0.95
Copper	mg	0.052	0.382	0.079
Manganese	mg	0.004	0.027	0.006
Fluoride	mg	≤0.006	≤0.044	≤0.009
Selenium	µg	3.0	22	4.5
Chromium	µg	≤5.9	≤44	≤9
Molybdenum	µg	≤5.9	≤44	≤9
Iodine	µg	13	92	19
Others				
L-Carnitine	mg	2.1	15	3.2
Choline	mg	22	160	33
Taurine	mg	5.3	39	8.1
Non-caloric carbohydrate	g	0.1	0.8	0.2
Nucleotides	mg	2.3	17	3.5
Osmolarity	mOsmol/l	260		
Osmolality	mOsmol/kg H ₂ O	290		
Potential renal solute load	mOsmol/l	136		
Scoop weight	4.6g			
% dilution	13.64%			

INDICATIONS

Aptamil Anti-Reflux is a food for special medical purposes for the dietary management of frequent reflux & regurgitation in bottlefed infants. Aptamil Anti-Reflux must be used under medical supervision. It is a nutritionally complete thickened formula suitable from birth and as part of a weaning diet from 6 months to 1 year. Aptamil Anti-Reflux is specially formulated with carob bean gum, which thickens the formula in the bottle and thickens further on contact with stomach enzymes¹ helping the feed stay down.²⁻⁴ It significantly decreases regurgitation episodes and severity⁴. Aptamil Anti-Reflux contains our blend of scGOS/lcFOS⁵.

CONTRAINDICATIONS

This product is not suitable for cow's milk allergy, lactose intolerance or intravenous use. Not suitable for vegetarians. This product should not be used in combination with antacids or other feed thickeners. All Aptamil® products carry preparation instructions. Unlike other formula, this thickened feed mixes best using water from 1 litre of boiled water, cooled for 45 minutes, please see packaging for further information. It is recommended that a single hole fast flow teat is used.

INGREDIENTS

Dairy-based blend (of which 28% is fermented) [Lactose (from **milk**), Vegetable oils (Palm oil, Coconut oil, Rapeseed oil, Sunflower oil, High oleic sunflower oil), Skimmed **milk**, Demineralised whey (from **milk**), Whey concentrate (from **milk**), Calcium phosphate, **Fish** oil, Choline chloride, Potassium citrate, Sodium citrate, Potassium chloride, Vitamin C, Magnesium chloride, Emulsifier (**Soy** lecithin), Inositol, Calcium carbonate, L-Carnitine, Vitamin E, Antioxidant (Vitamin C), Pantothenic acid, Nicotinamide, Thiamin, Vitamin B₆, Riboflavin, Folic acid, Potassium iodide, Vitamin K₁, Biotin, Vitamin B₁₂], Galacto-oligosaccharides (GOS) (from **milk**), Thickener (Carob bean gum), Whey protein (from **milk**), Fructo-oligosaccharides (FOS), Oil from Mortierella Alpina, Taurine, Ferrous sulphate, L-Tryptophan, Zinc sulphate, Uridine 5'-monophosphate sodium salt, Cytidine 5'-monophosphate, Adenosine 5'-monophosphate, Inosine 5'-monophosphate sodium salt, Guanosine 5'-monophosphate sodium salt, Copper sulphate, Vitamin E, Vitamin A, Manganese sulphate, Sodium selenite, Vitamin D₃.

Allergy advice: For allergens, see ingredients in **bold**.

IMPORTANT NOTICE: Breastfeeding is best. Aptamil Anti-Reflux is a food for special medical purposes for the dietary management of reflux and regurgitation. It should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Suitable for use as the sole source of nutrition for infants from birth and as part of a balanced diet from 6-12 months. This product should not be used in combination with antacids or other thickeners and is not suitable for premature infants. Refer to label for details.

AMINO ACID COMPOSITION

	g per 100g Protein equivalent	mg per 100ml prepared feed; 13.64g powder		g per 100g Protein equivalent	mg per 100ml prepared feed; 13.64g powder
L-Alanine	3.7	48	L-Lysine	8.4	111
L-Arginine	3.5	46	L-Methionine	2.3	31
L-Aspartic acid/ L-Asparagine	8.6	114	L-Phenylalanine	4.3	57
L-Cysteine	1.3	17	L-Proline	8.4	111
L-Glutamic acid/ L-Glutamine	21.7	286	L-Serine	5.6	75
Glycine	2	26	L-Threonine	5	66
L-Histidine	2.7	36	L-Tryptophan	1.6	21
L-Isoleucine	4.6	61	L-Tyrosine	4.5	59
L-Leucine	9.8	129	L-Valine	5.4	71

References: 1. Danone Research (Unpublished data on file).
2. Wenzl TG et al. J Paediatr. 2003;111:e355-9.
3. Grosse K et al. Kinderärztliche Praxis 1998;69:204-10.
4. Bellaiche M, et al., Pediatr Gastroenterol Hepatol Nutr. 2023; 26(5):249-265.

¹ Long-chain polyunsaturated fatty acids
² Cows' milk whole protein
³ Fructo-oligosaccharides
⁴ scGOS: short chain galacto-oligosaccharides, lcFOS: long chain fructo-oligosaccharides



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